

taste great, feel good

小滋味，大滿足 —
少於600千卡的3款套餐選擇

3 examples of McDonald's meals under **600** kcal

精心搭配的麥當勞套餐美食，滿足您對健康生活的追求。
Here are a few tasty McDonald's meals that are designed to help you maintain your healthy, happy lifestyle.



醒晨滋味

Kick-start your morning



麥芝蛋飽
Egg & Cheese
Burger



優質濃香咖啡*
Premium Roast
Coffee*

305

千卡 kcal



午餐精選

Fuel up for the afternoon



粒粒粟米杯
Fresh Corn Cup

烤雞凱撒沙律*
Grilled Chicken
Caesar Salad*

341

千卡 kcal



熱新鮮檸檬茶*
Hot Fresh
Lemon Tea*



豐盛之選

Wind down for the day



蘋果批
Apple Pie

板燒雞腿飽
GCB®



凍新鮮檸檬茶*
Iced Fresh
Lemon Tea*

596

千卡 kcal

想食得有「營」？
立即下載麥當勞App，
一睇就識！

Craving a healthy
meal? Download our
McDonald's App now
to get nutrition facts at
your fingertips.



* 隨產品附送之配料如白糖、咖啡奶、糖水及沙律汁等，顧客可按個人喜好而使用不同的食用量，故相關配料的營養資料並不計算在內。
Since customers can use different amounts of condiments (e.g. white sugar, half & half, liquid sugar and salad dressing) that come along with the product according to their own preferences, nutrition information of these condiments are not taken into calculation.

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